



4013 Crisis Calls were answered by our Crisis Line Program.

114 women and children were given refuge and support at Kootenay Haven Transition House.

116 women experiencing or at risk of violence accessed support through the Community Outreach Program

174 youth & families were supported through our Youth Outreach & Family Support Programs.

192 children and their parents received support services in the Children Who Witness Abuse Program.

Our Work BC Employment Services Centers had walk in user traffic of 23,378

50 women and children were given second stage transitional housing services at Haven Gardens

492 persons at risk had safe and affordable housing in our various Housing Complexes throughout the Kootenays.

219 volunteers were placed in various Kootenay agencies by our Volunteer Centers.

2000+ community members reached at CMHA signature events

439 individuals received doctor referrals to Bounce Back services to reclaim their health.

New for 2016—2017

Over the next 3 years, through our new Gatekeeper Program, 2500 community members will be trained in ASIST and SAFEtalk.



We value client centered service using the most current information on best practice principles. One way we practice our client centered vision is to collect feedback from people served, stakeholders and community service providers with whom we collaborate. If you would like to give us some feedback, contact us.⇒

Main Administration Office:
1000 A 21st Ave North
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Canadian Mental
Health Association
Kootenays

AT A GLANCE

“promoting the mental health, wellness and emotional stability of all individuals in the communities we serve”

The Top 3 Frequently Asked Questions

#1 Who are we?

CMHA for the Kootenays was incorporated in 1994 and is a non-profit Agency which provides a variety of community support services in the following areas:

- Public Education
- Crisis/Suicide Intervention
- Employment
- Youth
- Volunteer
- Women's
- Housing
- Primary Health Care

#2 What do we do?

The objectives of our programs are to support individuals and families to function in healthy and productive ways in their personal life and in their community. This is achieved through access to:

- Enhanced mental health
- Enhanced wellness
- Enhanced emotional stability
- Social and life skill development
- Ability to make healthy behavior choices.

#3 How Do I Become Involved?

There are numerous ways to become involved with our Agency. However, the top 5 ways to become involved are:

- Sign up for a membership
- Make a donation
- Volunteer with any one of our program areas
- Become a member of the Board of Directors
- Research current employment opportunities



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