



PROXY APPOINTMENT

(Reference: By-Law 3.8 - Voting)

Re: Member Name: _____ of Canadian Mental Health Association for the Kootenays

Member Address: _____

I, _____ [name], a member in good standing of Canadian Mental Health Association for the Kootenays, appoint _____ to act as my proxy at the general meeting to be held _____ (month), _____ (day), _____ (year).

_____ Date: _____ (month) ____ (day) _____ (year)

Signature of Member

Procedures:

1. Each member in good standing entitled to vote will have one vote and may carry one additional vote by proxy on behalf of one other member in good standing who is also entitled to vote.
2. A proxy vote applies to each resolution put to a vote at any general meeting of the Association.
3. A completed proxy must either be:

- a. Deposited, not less than 48 hours before the meeting time (excluding Saturdays, Sundays and Statutory holidays), at the registered office of the Association (100 – 1000 21st Ave North, Cranbrook, BC V1C 5L9) or at such other place as is specified for that purpose in the notice calling the meeting.

Or

- b. Deposited with the secretary of the Association or the presiding officer of the meeting at least one hour prior to its commencement.