Association canadienne pour la santé mentale Kootenays La santé mentale pour tous



WOMEN'S SERVICES - HAVEN GARDENS SECOND STAGE HOUSING - OUTCOMES REPORT APRIL 1 2019 to MARCH 31 2020

PROGRAM DESCRIPTION Haven Gardens provides supportive second stage transitional housing and support services in a safe environment. Program objectives are individualized, practical and short-term (generally, not exceeding 18 months), to adult women and their children who have experienced or are at-risk of abuse, threats, or violence. A fundamental premise to service delivery is to respect women's rights to make choices based on their own understanding of their options. The services operate out of our housing complex that has 18 apartment style units and is provided, typically, to women who have completed first stage transition housing and who are ready to engage in the life-skills programming offered through Haven Gardens 2nd stage transitional housing services with the ultimate goal to prepare for success in their return to independent, main-stream living.

PURPOSE – This report is intended for Board, management, program staff, stakeholders, and persons served. Feedback and suggestions to assist with continuous quality improvement planning are both solicited and encouraged. The data referenced in this report was collected, recorded, and collated via the use of the Share Vision electronic database system.

Key Demographic Indicators	2015 2016	2016 2017	2017 2018	2018 2019	2019 2020	5 Year Average	Findings
# Women in 2 nd Stage Services	35	35	29	32	34	32.8	Comparative average remains consistent with this year's data.
# Female children in 2 nd Stage	7	6	7	2	4	5.2	
# Male children in 2 nd Stage	8	9	6	4	4	6.6	
Total # Women & Children Served	50	50	42	38	42	44.6	
Average length of stay in 2 nd Stage Services (years)	0.58	0.83	0.66	1.08	0.73	0.78	The average length of stay for the current fiscal year is in line with the 5 year average. The intent of this transitional program is for the length of stay to fluctuate between a minimum of 6 and a maximum of 18 months.
Average age range	37	37	38	42	41	39.2	The average age is reasonably consistent year over year.
# of ethnic minorities served	11	12	8	10	6	9.8	This statistic is reasonably consistent over the 5 year period
File Status at Year End	2015 2016	2016 2017	2017 2018	2018 2019	2019 2020	*4 Year Average	Findings
Open	12	12	*	17	14	14.5	Data is consistent year over year and regularly fluctuates due to the
Closed	23	23	*	15	20	20	ebb and flow of intake and discharge procedures. 2017/2018 was not reported on so has not been included in the average calculation



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Risks & Barriers	2015 2016	2016 2017	2017 2018	2018 2019	2019 2020	5 Year Average	Findings
# demonstrating behaviors indicative of mental health or anti-social behaviors	19	21	21	21	28	22.4	Data demonstrates that there is consistency in the number of risks and barriers associated with women entering the program. With that
# experiencing long-term mental health problems	22	18	16	21	30	21.4	said, there have been increases in the number of women with mental health (both long and short term) over the past 2 years.
# significantly involved in drug or alcohol usage	19	14	12	14	14	15.8	
# of clients with personal health and safety concerns.	35	35	22	32	33	31.4	
# involved in criminal activity	6	7	4	4	4	5	

REFERRAL ELSEWHERE: Whenever risks and barriers such as those indicated above become prevailing factors program staff work collaboratively with clients to ensure appropriate community referral sources are identified and to provide assistance with the referral elsewhere process. In total 108 referrals were made to other services. Of this total 25 referrals were made to other services offered by the Association and 89 were external referrals made to other community agencies. These referrals most often worked in tandem with the services clients received while participating in the second stage program.

Referral Elsewhere	2015 2016	2016 2017	2017 2018	2018 2019	2019 2020	*4 Year Average	Findings
Referral to other services offered by the agency	*	21	12	11	25		Staff will ensure appropriate recording of statistics for the 2020-21
Referral in the community	*	55	44	40	89		fiscal year

GOAL SETTING & RESULTS: A standard component of the intake process is for staff to closely involve the women served in the setting of client goals. Service outcomes measuring feelings of safety, understanding levels of the domestic violence cycle, and knowledge of where to access help in the community are assessed at intake and at discharge. Of the 34 women served 12 completed the program, 14 women continue to have an ongoing open file, and 1 ended programming before completion and did not fill out a post program feedback survey. Using data from the 19 participants who responded fully to both pre and post surveys we measure service outcome achievement ratios.



Objective Type: Effectiveness Measures	Indicator	Who Applied to	Target Goal Expectancy	Actual Result	Met or Exceeded
To reduce safety risk - 19 women responded to pre-post services surveys 17 indicated through their surveys that they had reduced their safety risk. 1 women responded they had an average safety risk during pre and post surveys and women responded they had a low (good) safety risk during pre and post surveys	% of clients indicating a reduced, or good safety risk.	All women accessing service who identified a safety risk at intake and who completed both pre-post surveys	85%	89% 17/19 women	√
To increase understanding of cycle of violence - 19 women were surveyed pre-post services. 15women stated they had during the program increased their knowledge of the cycle of violence. 4 women did not answer this specific question on the pre-post survey	% of clients reporting increased or good understanding of the cycle of violence	All women accessing service who identified low understanding at intake of the cycle of violence and who completed both pre-post surveys	85%	100% 15/ 15 women	√
To increase knowledge of help available in the community – 19 women were surveyed pre-post services. 19 women stated they had during the program increased their knowledge of help available in the community.	% of clients reporting increased or good knowledge of help available in the community	All women accessing service who identified low knowledge at time of intake of help available to them in the community and who completed both pre-post surveys	85%	100% 19/19 women	✓
Findings: It is important to note that these responses are entirely clients served. It is notable that over time, as the women gain more their strengths and challenges and their responses to the survey quaccordingly. Based on the results of the pre and post surveys our fi	e knowledge about the uestions adapt un	Recommendations: Continue to monitor and report feedback on the effectiveness of the second stage program services relative to the women's perspective on their safety, understanding of the cycle of violence, and knowledge of help available. Strive to ensure increased numbers of pre and post services surveys are completed.			
successful results in our effectiveness measures for the programs g	_	isa. c caseaase.s o. p. e ana post se	sar veys are	o completed	•

PAST PARTICIPANT FEEDBACK - The program sent and received 2 responses from past participants. Past participant feedback is intended to solicit feedback from women after they have left the program. Focus groups are the mechanism utilized to collect data. It is our hope, that once out of the program for several months, the past participant has formulated thoughts about the program that they may not have had while in the program (i.e. Did the services actually assist in obtaining and maintaining the desired outcome?). Responses from these 2 past participants indicated they felt program had been successful for them and that they continue to use the skills learned in the program in their efforts to maintain healthy independent lifestyle post services.

PROGRAM EFFICIENCIES: The efficiency measure targeted by Haven Gardens' staff was to monitor program utilization identified through occupancy rates.

Objective: Efficiency Measures	Indicator	Who Applied to	Target Goal Expectancy	Actual Result	Met or Exceeded
Maintain occupancy at a rate that does exceed the annual vacancy loss targeted value.	Occupancy Rate	All program participants occupying units at Haven Gardens	90%	93%	√

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Efficiency Findings: There are a total of 18 units available monthly. During the course of the 12 month reporting period there was a total 16 vacant units for the year. In calculating the occupancy / vacancy rates our formula is as follows: 16 vacant units / 216 total units = .07 or ($.07 \times 100 =$) 7 % vacancy rate or, correspondingly, an achieved occupancy rate of 93%.

Recommendations: Continue to maintain our expectancy of a 90% occupancy rate for 2020-21; and to continue to ensure the updated referral package is widely distributed to applicable service providers.

PROGRAM SATISFACTION

Objective: Consumer Input Measures	Indicator	Who Applied to		Target Goal Expectancy	Actual Result	Met or Exceeded
To maintain person served satisfaction levels	Percent of persons served who report overall program satisfaction	All active and closed files		85%	89% 17 of 19	✓
Objective: Consumer Input Measures	Indicator	Who Applied to		Target Goal Expectancy	Actual Result	Met or Exceeded
To maintain stakeholder satisfaction levels	Percentage of stakeholders who report overall satisfaction with the service			85%	85% 5 of 7	<i>✓</i>
Findings: Program participants and stakeh services at ratios meeting or exceeding th			e to monitor to and work to survey satisfaction rate is			

PROGRAM ACCESSIBILITY: During the year program staff made further accommodations for 8 program participants accessing the service. Additionally, it is understood by staff, that women seeking services frequently experience additional challenges / barriers to success and as much as possible we endeavor to extend services to women with concurrent disorders or issues. Our target, therefore, is to provide access to a minimum of 50% of the women served as those experiencing concurrent issues.

PROGRAM ACCESSIBILITY

Objective: Access Measures	Indicator	Who Applied to	Target Goal Expectancy	Actual Result	Met or Exceeded
1. To extend access, whenever possible, to include or extend services to women at-risk of violence but also who experience concurrent disorders/issues.	% of persons served who report concurrent issues including: homelessness, mental health, or substance misuse issues	All persons accessing services who report concurrent issues	50%	94% 32 of 34 women	✓
Findings: Our staff team works diligently to ensure program access is interpreted as broadly as possible without compromising the program deliverables.		Recommendations: Continue to extend, whenever possible, services to women who not only experience domestic violence but also to those who experience concurrent disorders/ issues. Target remains at 50% of the total.			



ADMINISTRATIVE OBJECTIVES

Objective: Administrative Key Tasks	Indicator	Who Applied to	Target Goal Expectancy	Actual Result	Met or Exceeded
Continue to carry out monthly case reviews with supervisor to ensure files are consistently meeting established standards.	Percentage of Improved Client File Reviews	Client Files	Client files consistently meet established standards	Monthly case reviews resulted in files consistently meeting established standards.	√
Continue with the modified support worker schedule for clients to promote access to support and take advantage of life skill training opportunities.	Percentage of Enhanced Client Access to Life Skills Training	Program Participants	Clients take advantage of increased access to services	Support worker's work schedule continued to include day/ afternoon/evening hours to increase access for client opportunities for life skill trainings	√
Continue to ensure childcare availability during group sessions so that program participants are able to access group sessions regularly.	Percentage of childcare sessions made available to group participants during group sessions	Program participants requiring childcare	Childcare available at 50% of group sessions	Childminding was provided by volunteers sourced from Volunteer Kootenays. Coverage for the group sessions was at 100% for the year.	√
Ensure past participant focus groups are held, to solicit feedback. A minimum of two events are to be planned for the year 2019/2020.	Percentage of Past Participant Feedback Obtained	Past Participants	2 events planned for the 2019/2020 year with invited past participants.	We were able to achieve this objective fully as 2 events were hosted and 8 feedback surveys were received	√
Administrative Results: This year, 4 of the 4 administ availability of childcare during group sessions with the must be continued.	Recommendations: Childcare remains an important factor in group attendance. During a period of time this year where childcare was unable to be provided participants the group attendance rates dropped significantly. Continued provision of this service therefore remains an important factor for program success.				

Data Sources: Excel Database Systems

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Date: March 30th 2020

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