

April 22, 2025

To whom it May Concern,

Canadian Mental Health Association for the Kootenays (CMHA Kootenays) is seeking up to four (4) Board of Directors and we are hoping someone from your team would be interested in joining our Governance Board.

A Governance Board is responsible for setting policies, providing strategic guidance and overseeing the organizations operations. The board's primary role is to ensure the organization operates effectively and achieves its goals.

CMHA Kootenays aims for our board composition to be inclusive of diverse backgrounds, including different age groups, genders, ethnicities and socio-economic status. The composition may include individuals with lived experience, professionals from various backgrounds, and representatives from marginalized groups. This diversity ensures inclusiveness and different perspectives are considered in decision-making processes so the board is better equipped to address the complex needs of our community.

Currently, we are seeking individuals with the following professional expertise:

- ✓ Legal / lawyer
- ✓ Financial management / accounting
- ✓ Human service, health or social services education.

We may also consider other professional expertise/experience in the following areas:

- human resources / labour negotiations
- senior or executive leadership
- business / economic or community development and or
- mental health/healthcare/counselling/psychiatry.

If you or someone you know has the professional expertise we are seeking, are interested and would like more information, please contact Lori at [ed@cmhakootenays.org](mailto:ed@cmhakootenays.org) or call 250.426.5222 ext 3041 and we would be happy to arrange an interview to discuss skills and suitability. Time commitment ranges from two to six hours per month.

We greatly appreciate your consideration

Lori Bender  
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